

# INCLUSCAPE

EDUCATIONAL ESCAPE BOX FOR INCLUSION



## KA1: YOUTH WORKER MOBILITY

## DATES

September 14th-20th 2026

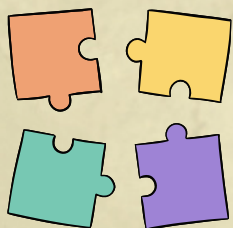
## PLACE

"El bosque de los sueños"  
Cubillos del Sil, León.



## INCLUNSCAPE

When we talk about **inclusion**, we can acknowledge that we've made progress, people with fewer opportunities are becoming increasingly visible around the world, but true inclusion hasn't yet been achieved. We want to improve attitudes toward inclusion within the European youth community by working toward a more tolerant and diverse world, and escape rooms can be a great setting for this.



We want to give European workers, especially those with fewer opportunities, the chance to **participate** in a **worker mobility** program where they can connect with professionals from different countries and share experiences, methodologies, and initiatives related to their field of work.

**Escape boxes** are dynamic, interactive experiences in which participants must work together to solve puzzles and overcome various challenges within a shared storyline. Through teamwork and collaborative decision-making, everyone involved has the opportunity to participate actively, feel heard, and contribute based on their own strengths, which fosters empathy, cooperation, and a sense of community

In a way, escape boxes can change us and, as a result,  
**change the world.**

## PARTICIPANTS

**We require 3 participants per country.** If any participants have a disability or special needs, please let us know well in advance so that we can make the necessary accommodations.

**This activity includes civil liability insurance**, which is already covered by ASPAYM CyL. However, it may be advisable for each participant to purchase **travel insurance** to ensure that any related issues are covered.

## DON'T FORGET

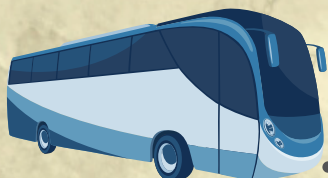
- ID CARD
- PASSPORT (RECOMMENDED)
- EUROPEAN HEALTH INSURANCE CARD
- TRAVEL INSURANCE (HEALTH AND TRAVEL)

## TRANSPORT FROM MADRID TO “EL BOSQUE DE LOS SUEÑOS”

There are direct buses and trains from **Madrid to Ponferrada**, a city located 10 km from “El Bosque de los Sueños”

**Bus:** <https://www.alsa.com/en>

**Train:** <https://www.renfe.com/es/en>



## INSCRIPTION

To register as a participant, **please contact the organizing committee in your country**. If you are selected, they will send you the **registration form**, where you can provide all your participant information, including any allergies, food intolerances, or special needs we should be aware of.

You can contact us at this email: **juventud@aspaymcyl.org** if you have any questions or need assistance; we're here to help.

## PREPARATION OF THE ACTIVITIES

During this worker mobility program, **each day will be dedicated to the different stages of creating the inclusive EscapeBox**. Every day will feature an evening activity with a different theme, each organized by a participating country based on its culture. Together with your group and with the help of your leader, **prepare an activity**, some music, performances, and/or traditional food for your cultural evening.



## WHAT TO BRING?



- Enough **clothing** for every day, appropriate for the weather.
- **Comfortable shoes** for the duration of the stay (keep in mind that there will be an excursion to El Bierzo)
- You'll also need to bring your own **body wash and shampoo**, but a shower towel will be provided.
- **European Health Insurance Card**, in case we need it for an emergency.
- **Traditional food** from your country that you'd like to share during the intercultural evening.
- If you need **materials** for the cultural evenings, you can bring them or ask us, we may be able to provide them.

## EMERGENCY CONTACTS

- **Police:** (+34) 987 40 91 10
- **Fire Department:** (+34) 987 45 53 80
- **Bierzo University Hospital:** (+34) 987 45 52 00
- **Taxi:** (+34) 987 00 99 00



# BUDGET



"Travel distance" refers to the one-way distance between the place of origin and the location where the activity takes place, while the amount covers the cost of the return trip from the location of the activity.

| TRAVEL DISTANCE  | AMOUNT PER PARTICIPANT |
|------------------|------------------------|
| 10 – 99 km       | 28€                    |
| 100 – 499 km     | 211€                   |
| 500 – 1 999 km   | 309€                   |
| 2 000 – 2 999 km | 395€                   |
| 3 000 – 3 999 km | 590€                   |
| 4 000 – 7 999 km | 1188€                  |

## ABOUT THE PLACE

“**El Bosque de los Sueños**” is a facility run by ASPAYM CyL, located in a region of the province of León known as “**El Bierzo**”. In this area, you'll find a variety of natural attractions, such as “Las Médulas,” an ancient Roman gold mine; “El camino de San Juan”; “El Valle del Silencio”; the city of **Ponferrada**; and many charming villages.

