

YOUTH EXCHANGE

WEAR THE CHANGE

15.7.2025. - 24.7.2024.

PAKRAC, CROATIA



Erasmus+

WEAR THE CHANGE

WHO ARE WE?

ČISTEĆI MEDVJEDIĆI aka “Little cleaning bears” is a non-governmental, apolitical, and non-profit civic initiative that became an organisation in 2023. It focuses on environmental protection through cleaning actions, education, and activism.

In the past four years, Čisteći medvjedići has organized over 450 clean-up events, with participation from over 1,400 individuals spanning all age groups. During these events, they managed to collect more than 130 tons of waste from the environment.

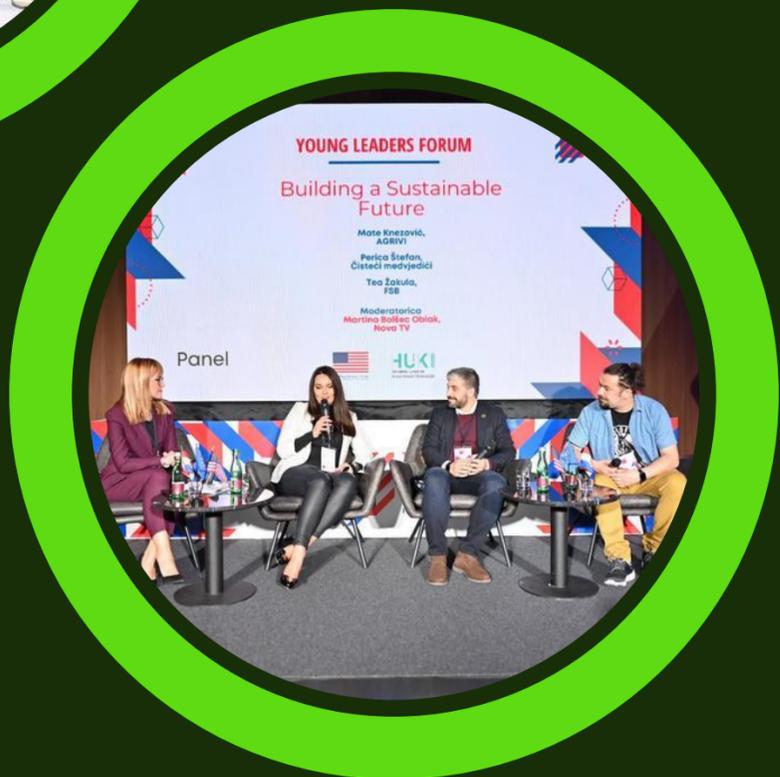
Their objectives encompass the protection of nature and the environment, raising awareness on environmental challenges, promoting appropriate waste disposal, and fostering sustainable growth with clean-up actions, activism, and education.



WEAR THE CHANGE

ABOUT THE PROJECT:

- "Wear the Change" is a youth exchange project that will be organized in Pakrac, Croatia by hosting organisation Čisteći medvjedići. It will include 30 participants from 5 different countries: Germany, Romania, Spain, Portugal and Croatia.
- Project "Wear the Change" aims to empower young people to actively promote and implement sustainable fashion practices within their communities.
- **Age of participants: 18+**
- **Country group size: 5 participants + 1 group leader**
- **Place: Pakrac, Croatia**
- **Dates: 15.7.2025. (arrival day) - 24.7.2025. (departure day)**



WEAR THE CHANGE

ABOUT THE PROJECT:

OBJECTIVE OF YOUTH EXCHANGE:

- Raising environmental awareness among young people
- Empowering participants to implement sustainable fashion practices
- Raising awareness of fast fashion environmental and social impact
- Supporting community engagement and leadership:
- Strengthening teamwork, communication skills, and problem-solving and promoting intercultural exchange, understanding, and tolerance

Participants will have the opportunity to meet activists from Croatia, analyze the label on their clothes and take part in second hand clothes exchange with the volunteers of the Čisteći medvjedići.

WEAR THE CHANGE

MEET OUR TEAM:



Viktoria Matrašilina

Facilitator



Maja Adžaga

Facilitator and visibility



Juraj Tomljanović

Project manager and facilitator

WEAR THE CHANGE

TRAVEL TO/FROM PAKRAC:

- **Before booking any tickets please send us your travel plan for confirmation!**
- We recommend taking flights directly to Zagreb
- To get to Pakrac and specifically to the Omanovac mountain lodge you need to take a bus organized by us which will depart at 6:00 pm from Zagreb. To catch the bus, make sure you arrive latest by 3:00 pm to Zagreb on arrival day and depart not sooner than 12:30 pm on departure day from Zagreb.
- **Travel costs are refundable for participants who attend all the sessions, commit themselves fully to the activities and provide all original tickets, invoices, boarding passes and emails related to their travel.**
- **€40 of each participant's travel budget is reserved for bus costs to and from venue.**



WEAR THE CHANGE

TRAVEL BUDGET:

Travel costs to the venue and back will be reimbursed up to the maximum of the amount indicated by the distance calculator provided by the European Commission:

- Germany - 269€ - green travel 377€
- Romania - 269€ - green travel 377€
- Spain - 269€
- Portugal - 355€
- Croatia - 171€

40€ has already been deducted from the above amounts for the bus to and from the venue.

FUTURE GREEN LEADERS

ACCOMMODATION:

- Accommodation will be provided in the mountain lodge Omanovac on the hill above Pakrac
- Rooms are of different sizes (2 and 4 beds per room)
- The accommodation is surrounded by a beautiful forest





FUTURE GREEN LEADERS

DON'T FORGET:

- **HEALTH INSURANCE** - don't forget to bring your European Health Insurance Card
- **ALL TICKETS and BOARDING PASSES**
- **TOWELS and TOILETRY** - including any medication that you are using
- **PASSPORT or ID card**, money (€) if you want to buy souvenirs, etc.
- Food and materials for your national evening
- There is no shop nearby, take everything you need with you

FUTURE GREEN LEADERS

PARTNERS:



NaturKultur e.v.



Asociación Gines Joven



Agrupamento de Escolas de Vilela



Artistic and Social Revolution Association





**FOR FURTHER QUESTIONS, DON'T
hesitate to contact us.**

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