## Youth exchange

# Increase your employability, build your future : A cross-cultural exchange to better navigate the European job market Phase 3: Samokov, Bulgaria, 24 June- 2 July 2024 (including travel days)





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## The focus of the exchange in Bulgaria will be digital tools for employability.

# Main topic employability

- Discuss the European and local job-market from youngsters' point of view • Give you the tools and know-how to integrate the
- job market
- Build an international and intercultural network where respect and tolerance are keys aspects



- improve their confidence and presentation skills
- improve their level of English

## 

Use digital tools for jobsearching

Create engaging videos with video-editing softwares Design and record a video CV



# ··· LEARNING OUTCOMES

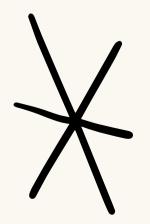
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## Methods used:

- **1** Non-formal education as the main method u allowing to give voice to all the participants
- 2 Facilitated debates and discussions in plenal in small groups.
  - Youthpass will be used as the main tool for reflection of learning outcomes

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## • Good level of English

Participants that have taken part in phase 1 (exchange in Guadalupe) and phase 2 (local implementation) of the project will be prioritised in selection

 participants should be open to challenge themselves for learning in the intense program of the exchange

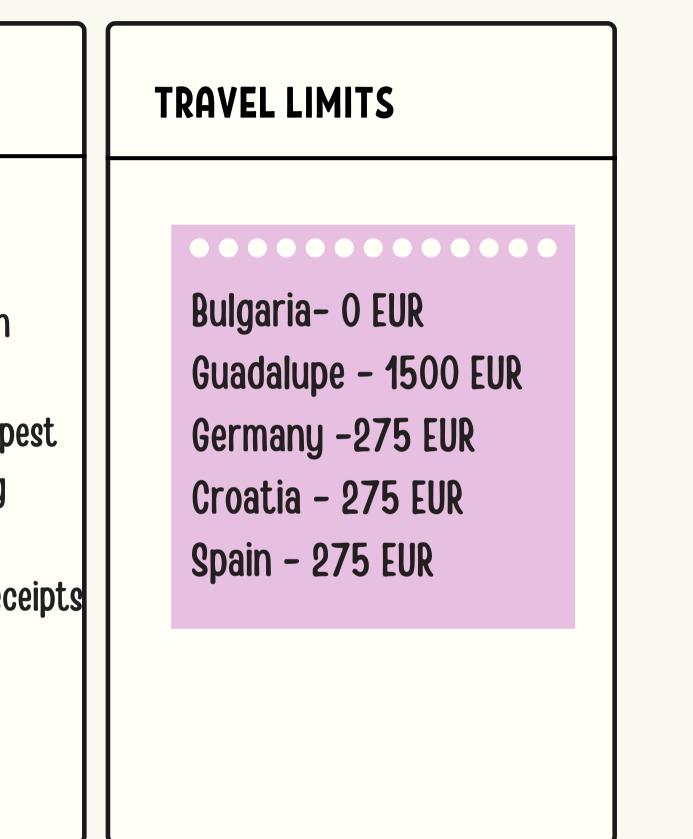
## TRAVEL

Food and accommodation are covered by the project.

On the right you can find the maximum allocated funds for travel (flights, train tickets, shuttle buses, etc.) per person per country.

Travel should be with public transportation only. Please note that only the cheapest options will be reimbursed, Please send a travel plan for approval before booking tickets.

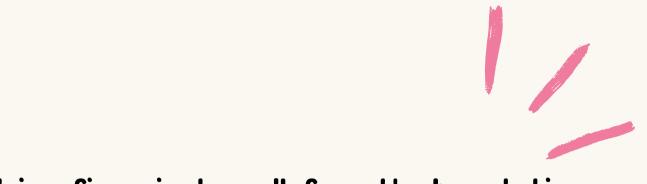
Make sure that you get a receipt from ALL transportation. You MUST keep all receipts and boarding passes in order to be reimbursed.





Hotel Grand is located in the center of Samokov next to a city park and a sports hall. It is a five minute walk from the bus station to the hotel. Website: <u>https://hotelgrand-samokov.com/index.php?l=2</u> The hotel has an outdoor swimming pool, restaurant, café, fitness and sauna. Participants will be accommodated in two or three bedded rooms with separate bathrooms divided by gender. Meals will be provided three times a day according to the diet requirements of participants.







# ARRIVING AT THE VENUE

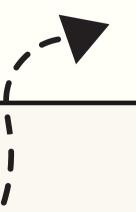


Arriving at Sofia Airport, Terminal 1 (T1)

Step 1: Shuttle bus from 5 a.m. till 11 p.m. driving every 10 min ensures direct transportation to Terminal 2 (T2). Shuttle bus is free of charge. Step 2: Metro station on Terminal 2 (in every 20 min.) - take the metro ( blue line )for 10 stops and go down on station Julio Curie. Ticket costs 1.60 BGN ( ca. 0.80 Euro)

Step 3: From metro station Julio Curie you should reach Bus station South (Attention! This is not the Sofia Central Bus station) – 5 min. walking distance Step 4: Take the bus to Samokov (60 min. trip). Buses are in every 30 min. from 2 a.m. till 8 p.m. Ticket costs 6–10 BGN (3 – 5 Euro)

Arriving at Terminal 2 (T2) – please follow the instructions above as of Step 2.



## PRACTICALITIES

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Lorem ipsum dolor sit amet, consectetur adipiscing elit. Sed non orci hendrerit augue interdum lacinia at egestas dolor. Vivamus elementum pulvinar tempus. It is mandatory to have a valid travel and medical insurance ( i.e. European Health Insurance Card.) The host organization will not cover any personal health costs.

Save all your tickets, boarding passes and travel invoices!

IThe local currency in Bulgaria is Bulgarian Lev (BGN). 1 Euro is 1.96 BGN.



# Please fill the registration from: https://forms.gle/ATjBT4xjcgUFmjybA