



Training Course
**"Training of Youth Workers:
Into The Future"**
12. - 18. December 2023
Osterholz-Scharmbeck, Germany



About The Project

“Into The Future” is a training course (TC) organized in Osterholz-Scharmbeck in Germany which will include 30 youth workers from 5 different countries/territories: Croatia, Greece, Turkey, N. Macedonia, and Germany.

Age of participants: at least 18 years old

Country group size: 6 participants per country

Place: Osterholz Scharmbeck, Germany

Venue: KulturHaus, a group house

Days of activity: 7 days – including travelling days

Dates: 12. - 18. December 2023

WELCOME MESSAGE

Dear participants, we are very happy to welcome you in Germany on our PBA. We will do our best to make a space where we can create new partnerships and also have fun while doing that.

In this info pack you are going to find:

- Project info and goals of the project
- Profile of the participants
- Travel info
- Location and the venue
- Covid-19 measures and restrictions
- Preparation info
- Insurance and other info
- Confirmation of participation



Info About Project

There are a lot of young youth workers, who have good ideas and motivation, but they are lacking knowledge, skills, and experience to work in the youth work. Since in many European and neighbouring countries, including some participating in this project, there's no official university for youth workers, people who decide to spend their life doing youth work, often don't have chance to get these necessary skills that would help them in their work with the youth.

This training course provides the space to explore challenges, improve youth work competences and create long-lasting partnerships.

Project goals:

- 1 Informing and training youth workers in some of the competences from the "**Competence Model for Youth Workers**"
- 2 Competence: **Cooperating** successfully in (international) teams & **Communicating** meaningfully
- 3 Competences: Designing **educational programmes** & **Facilitating** group learning processes
- 4 Competences: Displaying **intercultural** competence & **networking** and advocating
- 5 Provide a space for sharing knowledge and **exchanging experiences** and good practices
- 4 Establish **long-term partnership** during the training course

Draft Schedule

Time	Day 1: Tue. 12th Dec.	Day 2: Wed. 13th Dec.	Day 3: Thu. 14. Dec.	Day 4: Fri. 15. Dec.	Day 5: Sat. 16. Dec.	Day 6: Sun. 17. Dec.	Day 7: Mon. 18. Dec.	
08:30-09:15	Arrival Take bus 660 from Bremen at 14:30, 17:35 or 19:00 h	Breakfast						Departure Leave house in the early morning
9:15-10:00								
10:00-10:20		Morning Warm Up	Morning Warm Up	Morning Warm Up	Morning Warm Up	Morning Warm Up	Morning Warm Up	
10:20-11:30		Official opening & Getting to know each other	Cooperating Successfully in Teams	Designing Educational Activities	Facilitating own Workshops	Erasmus+ Information and other Opportunities		
11:30-12:00		Coffee Break						
12:00-13:00		Practicalities & Community Guidelines	Cooperating Successfully in Teams	Facilitation Practices	Facilitating own Workshops	Future Projects		
13:00-15:00		Lunch		Lunch earlier: 12:00 - 13:00	Lunch			
15:00-16:30		Expectations & Concerns	Communicating Meaningfully	Bremen Tour & Study Visit	Displaying Intercultural Competence	Final Evaluation (formal and non formal)		
		European Training Strategy						
16:30-17:00		Coffee Break						
17:00-18:00		ETS Competence Model for Youth Workers to Work Internationally	Communicating Meaningfully	Bremen Tour & Study Visit	Open Space	Youthpass Ceremony		
18:00-18:30		Learning goals in the learning groups	Learning groups reflection		Dialogue Partner Reflection	Closing Ceremony		
18:30-19:00								
19:00-19:30		Dinner						
19:30-20:00								
20:00	Welcome Evening	NGO Fair	Thematic Evening	Thematic Evening	Thematic Evening	See you soon party		

Trainers Team



Branimir Suk is an experienced trainer, mentor, and youth worker who has been working with NaturKultur e.V. and other organisations for various years. He founded one of the most active NGOs in Zagreb, Croatia, and has his own business as an educator, trainer, and mentor. Here more information: <https://hr.linkedin.com/in/branimir-suk-b9a287103>



Martina Sirol is a trainer and learning facilitator since 2008. She is developing training programmes for corporations, governmental agencies, the European Commission and numerous NGOs. Additionally, she is empowerment coaching since 2017: helping professionals and individuals to set and attain high-level goals. More information here: <https://lu.linkedin.com/in/msirol>



Andre Figueiredo Garcia is a trainer and project manager for NaturKultur e.V. He is responsible for the coordination of educational mobilities, including the development and facilitation of workshops that tend to apply non-formal education and experiential learning cycle principles. He has experience working in the field of education since 2013. More information her: <https://de.linkedin.com/in/andre-figueiredo-garcia-084962175>

Participant Profile



1. 18+ years old (without exceptions)
2. Resident of one of the participating countries
3. Youth workers, youth leaders, educators or people who are going to work with youth in the near future from your organizations.
4. Participants' **English language** skills should be sufficient to actively participate in the mobility, including all the activities.
5. Previous experience in Erasmus+ is not obligatory, but participants should have an interest in youth work and related areas of work.
6. All partners should do their best to create **gender-balanced** teams, and are encouraged to find participants who do not identify as male or female.

Travel to/from Germany

Important info regarding travel to and from Germany

1. Please confirm your flights with us before booking them. You should buy your tickets after our confirmation.
2. If you wish to visit other cities in Germany, you can arrive two days earlier and/or stay in Germany two days after the training course.

This means that you should travel to Bremen on the 10th, 11th, or 12th of December. However, you need to arrive to Bremen **before 7 PM on the 12th** – please keep that in mind when booking your trip to Germany.

Your departure can be on the 18th, 19th, or 20th of December. The earliest you will be able to arrive in Bremen on the 18th of December is **9 AM** – please keep that in mind when booking your trip to the airport.

You will need to cover the expenses if you plan to arrive before the 12th or stay after the 18th of December (including accommodation, transport, and food)

Look for travel options to the following airports: Hamburg, Hannover, Dortmund, or Bremen. Please try to find the most affordable travel option possible.

3. Don't throw away any ticket or boarding pass. You will need to send all of them after the mobility. If you lose any of the tickets or boarding passes, we won't be able to reimburse you for them.

4. Travel costs to the venue and back will be reimbursed up to the maximum of the amount indicated by the distance calculator provided by the European Commission:

- Germany up to 100 EUR
- Croatia up to 275 EUR
- Turkey up to 360 EUR
- N. Macedonia up to 275 EUR
- Greece up to 360 EUR

Travel costs are refundable for participants who attend all the sessions, commit themselves fully to the activities and provide all original tickets, invoices, boarding passes and emails relating to their travel. The participants should also participate in the dissemination phase. :)

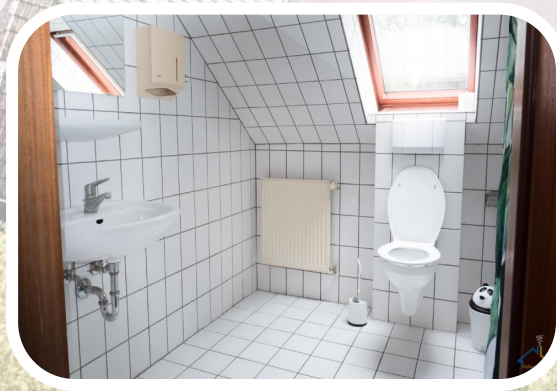
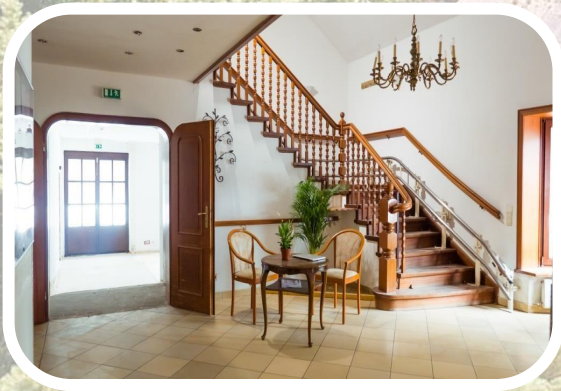
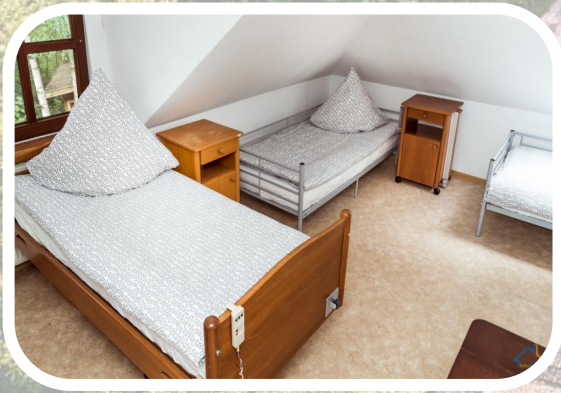
Location – how to reach our venue:



- The village where the mobility is taking place is called **Garlstedt**. The nearest city is Bremen and from Bremen to our venue you will need to use public transportation (**bus number 660**)
- The bus departs from **bus stop “J”** that you can find close to the Bremen train station entrance.
- Our bus stop is called **OHZ-GARLSTEDT, BW LOGISTIKSCHULE**.
- You should **take one of the last two buses** from Bremen (**at 17:35 or 19:00**). Someone from our team will wait for you at the bus stop.
- The ticket costs **6,45 euros** and you are buying it from the bus driver. You can **pay only in cash** so make sure that you have some euros with you
- For the ones **arriving after 19:00 to Bremen**, you will have to take a more complex travel option. **Contact us** for organizing your pickup.



THE VENUE



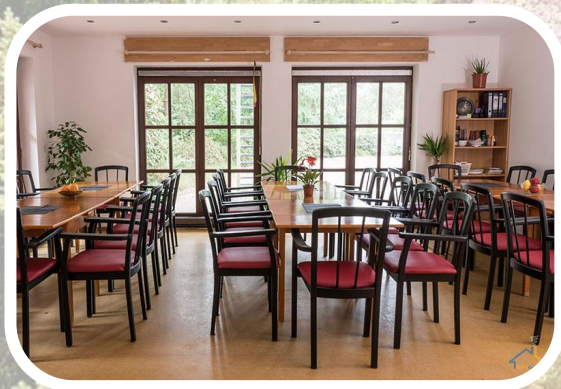
We will be accommodated in a youth centre/group house in Osterholz-Scharmbeck, close to the city of Bremen, Germany.

The accommodation will be simple. Participants will be sharing rooms with 2-4 people from same gender but different nationalities. Some of the rooms are with private and some with shared bathrooms.

Some of the features of the house:

- It is almost in a middle of nowhere. Cafés, discos, restaurants and supermarkets are not that close.
- We will be the only group in the house. We will learn and have fun together, cook and eat together, and share our culture and ideas. We'll make the rules together and respect the rules that we make.
- In the venue where we will stay, there is rule of inside shoes. This means that every participant should **bring slippers** or some shoes that you are going to use only inside the house.

THE VENUE



- You should bring your own towels to the mobility. Bedsheets will be provided by the venue where we will stay.
- There is washing machine available in the venue. It costs 2 euro for using the washing machine and 2 euros for using drying machine.
- We have hired our own cooking and logistics team, they will make sure that nice and healthy food will be done, including for the people with food preferences – vegetarians, no pork etc. Please note that we cannot provide HALAL or fruitarian food. If you have any concerns about your diet, please contact us.
- The address of our venue is: Hinterm Horn 5, 27711 Garlstedt, Osterholz-Scharmbeck, Germany

You can find more information and photos about the venue here: <https://kulturgruppenhaus.de/en/new-home-2/>
<https://www.facebook.com/KulturGruppenHaus/>

Intercultural evening / NGO fair:

➔ Each national team will have the chance to present their culture one evening. You can bring some national food and drinks that you would love to show to the rest of the group.


➔ We are also going to have an NGO fair during which you will have the chance to present your sending organization. You should prepare all information in advance and also bring any materials that you would like to share during the fair.



What to bring with you

1. Health insurance - don't forget to bring your European Health Insurance Card if you are from EU country or other type of insurance if you're not from the EU.
2. All tickets, boarding passes – don't throw any of them, you will need to send them to us after the exchange. If you lose any of the tickets or boarding passes, we won't be able to reimburse you for those tickets.
3. Inside shoes, slippers or other shoes that you will use only inside the house.
4. Towels and toiletry, including any medication that you are using
5. Passport or ID card, money if you want to buy souvenirs, etc.
6. Food and materials for your national evening – as explained in the previous section.
7. Materials for the NGO fair



A close-up photograph showing several hands of different skin tones stacked together in a circle. The hands are wearing various colored knitted sleeves: a bright pink one at the top left, a dark brown one on the left, a blue and red speckled one on the right, and a light blue one at the bottom. One hand in the center has a gold ring with a dark stone. The background is blurred, suggesting an outdoor setting with greenery.

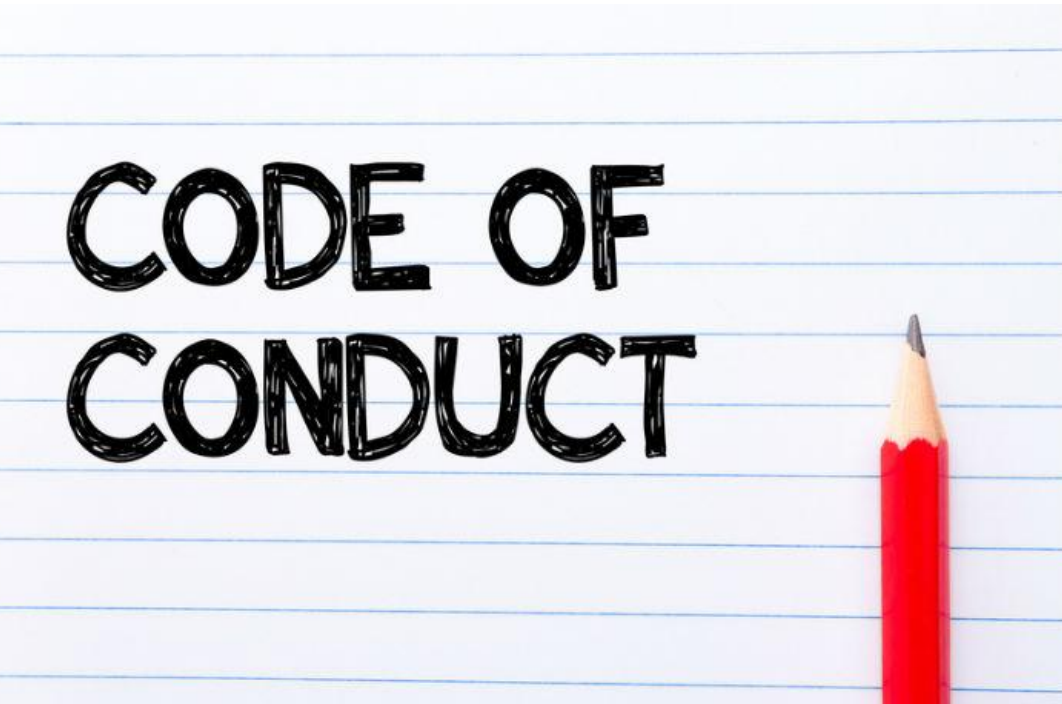
All participants from European Union countries need to bring their **European Health Insurance Card (EHIC)** with them. You can get it for free in your country and it is amazingly useful for you whenever you travel outside of your country. Participants coming from outside of the EU should acquire travel insurance. NaturKultur can cover your costs for insurance up to 15 euros so please take that in mind while purchasing insurance.

To make the communication easier, we have created a **Facebook group**. Everyone who has Facebook should join this group because we will use it for communication between each other, sharing materials and getting to know each other:
www.facebook.com/groups/247119954688811/

Confirmation of participation

We are also sharing the Confirmation of Participation.

Read this document and apply only if you agree to everything written in it. On the first day of the mobility, every participant will need to sign this document.



CODE OF
CONDUCT

Confirmation of Participation

I, _____ (your name) confirm my participation in the above-mentioned project:

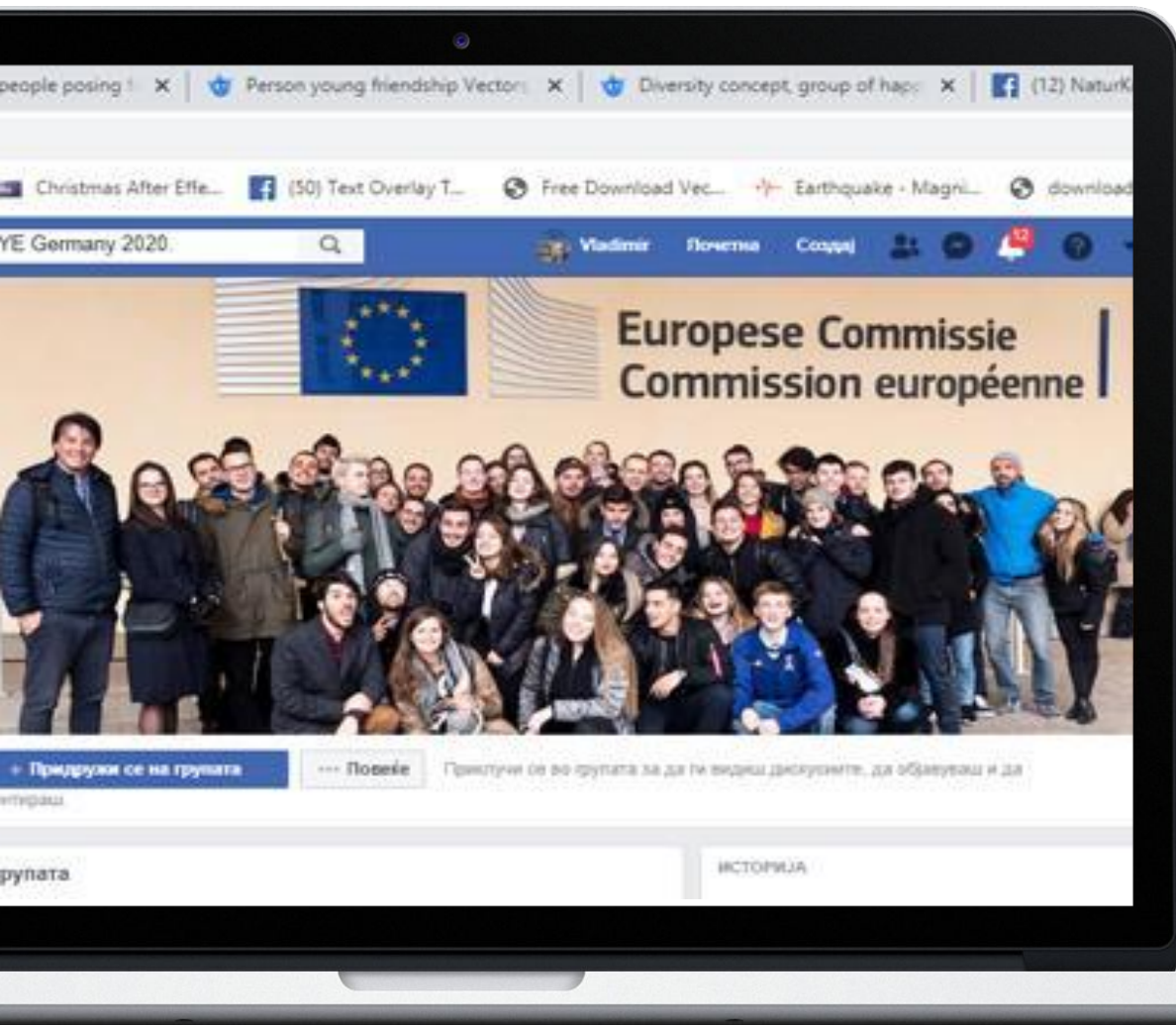
I also confirm:

1. **Full participation** in the training course. I understand that if my participation is not 100% and my absence, for any reason, is not fully justified, I may not receive any reimbursement.
2. I will be responsible for covering any additional costs (**exceeding the given budget**) for my overall travel costs.
3. I will keep all invoices and **proof of travel**, including boarding passes, tickets, etc. and submit them to the host organization in original format as requested by them in a timely fashion.
4. I will **prepare relevant materials** in time for the project activity.
5. I intend to **participate in all evaluation activities** during the project and after its completion.
6. I will show **openness and respect** towards other participants and all other individuals involved in the program.
7. I will respect the **rules in the Erasmus+ program** guide that requires participants, facilitators and staff to respect each other's dignity, values, religion and culture, irrespective of race, gender, national or ethnic origin, sexual orientation, age, or disability.
8. I will **not bring or use any drugs** (including weed) during my participation in the project activity.
9. I will conduct **responsible and moderate behaviour** when it comes to the consumption of alcohol.
10. I allow the organizers to have **photos and videos taken** of me during the activity and publish these on their websites, social media, promotional material and dissemination material.
11. I will have a suitable **health insurance** during the training course – for example a European Health Card during the activity (In case of non-EU residents, travel insurance).¹
12. That the days prior or after the mobility I am **travelling at my own risks** and that having insurance is my own responsibility.
13. **Failure to comply** with the above rules and the rules of the project will result in no reimbursement given to me for the project and could also result in me being liable to financial damages as a result of me not following these rules.

I, the undersigned, hereby confirm my participation and agree fully with the above stated.

Date _____ Place _____

Signature _____



**For further questions,
don't hesitate to
contact us.
See you soon!**



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