



Erasmus+



Erasmus Youth Exchange
MAKE MUSIC NOT WAR
RELOADED
4-14TH APRIL 2023



About the Project



MAKE MUSIC NOT WAR RELOADED is a multinational youth exchange of around 50 young people with music and film background between the ages of 18-30 years old that came from 8 different conflict countries - Palestine and Israel, Kosovo, Serbia, Bosnia and Herzegovina, Croatia, Poland and Germany. The exchange will last 10 days from 4-14th of April 2023 in Bremen, Germany. “Make music not war RELOADED” is a project that was created to serve as a tool for reconciliation and peace building between young people from conflict countries in the world. The goal of the project is to allow youngsters from conflict countries to get to know each other, get to know each other’s music and culture, customs, traditions and food, to become friends and hopefully after the exchange to create even more follow up activities that will involve even more young people in peace building and reconciliation rather than in war.

Back to April 2017



The musical magic was created 2017, when the first MAKE MUSIC NOT WAR Erasmus exchange happened in Syke, a small place close to Bremen. Here you can find some videos and see how we created anti-war messages:

<https://www.youtube.com/watch?v=MkJhRRxWcX0>

<https://www.youtube.com/watch?v=aTQtN1Gdq38>

<https://www.youtube.com/watch?v=vUisOJN4FqQ>

Program of the exchange in April 2023



Building on the previous experience, together with our partner organisations we created a programme that has various parts:

- Learning about Erasmus opportunities
- Getting better understanding of the national conflicts and solutions
- Creating PEACE ALBUM
- Learning about and practicing music from different cultures
- Performing on streets of Bremen and having a peace party in a local pub
- Organising event in a local organization that focuses on youth with disabilities
- Detailed program you can see on the next slide

Program of the exchange



| | Tuesday 4-Apr | Wednesday 5-Apr | Thursday 6-Apr | Friday 7-Apr | Saturday 8-Apr | Sunday 9-Apr | Monday 10-Apr | Tuesday 11-Apr | Wednesday 12-Apr | Thursday 13-Apr | Friday 14-Apr |
|-------|---|---------------------------|---|--|---|--|--|--|--|--|-------------------------------|
| 9:00 | | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Sleep in | Breakfast |
| 9:30 | | Welcome | | | | | | | | | |
| 10:00 | Arrival, meeting in Skopje and traveling to Mavrovo | Expectation setting | Name games and team building | Music, songs and instruments from Serbia | Music, songs and instruments from Germany | SLEEP IN | Music, songs and instruments from Croatia | Recording the new peace songs in a studio (audio and video) | Travel to Bremen | Sleep in | |
| 10:30 | | | Music, songs and instruments from Israel | Music, songs and instruments from Serbia | Practicing songs from Germany | | Practicing songs from Croatia | | | | |
| 11:00 | | Rules and Security | Practicing songs from Israel | Music, songs and instruments from Kosovo | Making the peace songs | Antient method of peace learning | Non-violent conflict talks - understanding the problem | What can I do to adress conflicts in my community | Visit of the center for support of disadvantaged youth | Designing peace building music activities for the future | |
| 11:30 | | | | | | | | | | | |
| 12:00 | | Name Games | | | | | | | | | |
| 12:30 | | | | | | | | | | | |
| 13:30 | | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | |
| 15:15 | | Team building | Writing peace lyrics | Practicing songs from Kosovo | Travel to Bremen | Practicing peace songs | Basics on music from Bosnia and Herzegovina | Recording the new peace songs in a studio - whole day in different groups(audio and video) | Recording the new peace songs in a studio - whole day in different groups(audio and video) | Talking about the next edition of the exchange - who will organize it, workshops, events | |
| 15:30 | | Setting the bands | | Religios diversity dialogue | | | | | | | |
| 16:00 | | | Music, songs and instruments from Palestine | | Making the peace song | Preparing for the peace party | Practicing songs from Poland | Recording the new peace songs in a studio - whole day in different groups(audio and video) | Evaluation and closing | | |
| 16:30 | Practicing songs from Palestine | | Dinner in Bremen | Reflection and dicsussion | | | | | | Reflection and dicsussion | Dealing with my own conflicts |
| 17:00 | Erasmus + info/point Youthpass information | Reflection and discussion | | | Dinner in Bremen | Reflection and dicsussion | Reflection and dicsussion | Dealing with my own conflicts | | | |
| 17:30 | | | National delegation /Group leaders meeting | Dinner in Bremen | | | | | Reflection and dicsussion | Reflection and dicsussion | Dealing with my own conflicts |
| 18:00 | National delegation /Group leaders meeting | Dinner in Bremen | | | Reflection and dicsussion | Reflection and dicsussion | Dealing with my own conflicts | | | | |
| 18:30 | | | National delegation /Group leaders meeting | Dinner in Bremen | | | | Reflection and dicsussion | Reflection and dicsussion | Dealing with my own conflicts | |
| 20:00 | Dinner | Dinner | | | Dinner | Dinner | Dinner | | | | Dinner |
| 21:00 | Chill out and get to know eachother | Free night | Israel&Palestine dinner and cultural presentation | Serbian and Kosovan dinner and cultural presentation | Peace party in Bremen in an Irish pub | German and Polish dinner and cultural presentation | Bosnian&Croatian dinner and cultural presentation | Movie night | Free night | Outdoor fire and barbecue | |

Participant Profile



1. 18 – 30 years old (group leaders 18+)
2. **Resident** of one of the following countries: Palestine, Israel, Kosovo, Serbia, Bosnia and Herzegovina, Croatia, Poland and Germany.
3. Interested in creating music, performing and/or photography, filming and social media reporting.
4. Willingness to be a part of multicultural group
5. Participants don't need to have good knowledge in English, but group leaders should be able to communicate in English
6. Previous experience in Erasmus+ is not required but participants should show initiative for learning new things and working with other young people

Travel to/from Germany

Important info regarding travel to and from the exchange

1. Please confirm your flights with us before booking them. You should buy your tickets after our confirmation

2. It is not allowed to come to the venue of the exchange one day later or to leave one day before the designated dates. We can only reimburse tickets that are on/before 4 April 2023 and on/after 14 April 2023

3. Don't throw any ticket or boarding pass. You will need to send all of them after the mobility. If you lose any of the tickets or boarding passes, we won't be able to reimburse you for them.

4. Travel costs to the venue and back will be reimbursed up to the maximum of the amount indicated by the distance calculator provided by the European Commission:

- Germany up to 100 EUR
- Croatia 275 EUR
- Serbia 275 EUR
- Israel 530 EUR
- Kosovo 275 EUR
- Bosnia and Herzegovina 275 EUR
- Poland 180 EUR
- Palestine 530 EUR

5. Travel health insurance will be covered, up to 20 EUR per participant.

6. Feel free to contact us if you need any help with finding tickets or if you will need any help with organizing your travel. 😊



Location – how to reach our venue:



- The village where the exchange is taking place is called **Garlstedt**. The nearest city is Bremen and from Bremen to our venue you will need to use public transportation (**bus number 660**)
- On the right side of this page, you can find a link to a pdf with a bus schedule from Bremen Hbf (central station) to our venue.
- Our bus stop is called **OHZ-GARLSTEDT, BW LOGISTIKSCHULE**.
- You should take one of the last two buses from Bremen (at **17:35** or **19:00**). Someone from our team will wait for you at the bus stop.
- The ticket costs **6,15 euros** and you are buying it from the bus driver. You can **pay only in cash** so make sure that you have some euros with you
- For the ones arriving after **19:00** to Bremen, you will have to take a train to a town called Osterholz-Scharmbeck where we will need to pick you up with a car. **Contact us** for organizing your pick up.



660 Bremen → Bremen-Burg → Garlstedt → Hagen

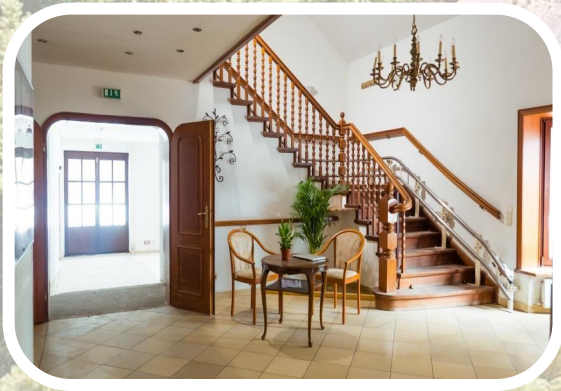
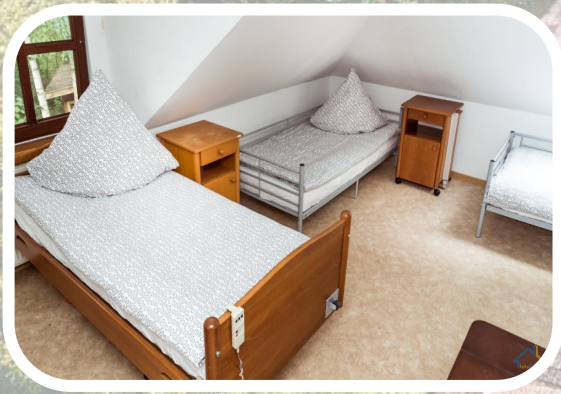
Verkehrsverbund Bremen/Neuerdingsen (VNB, Tel.: 0421 / 33 83 58
Neuer Ems-Bus, Niederdeutsch Oldenburg

Am 24. und 21.12 gilt der Samstagfahrplan, bitte Verkehrsbeschränkung beachten

| Verkehrsbeschränkungen | Montag - Freitag | | | | | Samstag | | | | | Sonntag und Feiertag | | | | | | |
|-----------------------------|------------------|-------|-------|-------|-------|---------|-------|-------|-------|-------|----------------------|-------|-------|-------|-------|-------|-------|
| | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 | | |
| Bremen, Hauptbahnhof 4 | 8:00 | 12:15 | 14:30 | 17:00 | 19:00 | | | | | | 7:30 | 8:30 | 14:30 | 18:45 | 9:30 | 14:20 | 16:45 |
| Bremen, Ohlenweg | 8:18 | 12:31 | 14:46 | 18:01 | 19:15 | | | | | | 7:41 | 8:41 | 14:36 | 19:01 | 10:00 | 14:36 | 19:01 |
| Bremen, Wilhelm-Landstraße | 8:31 | 12:36 | 14:51 | 18:06 | 19:21 | | | | | | 7:46 | 8:46 | 14:41 | 19:06 | 10:11 | 14:41 | 19:06 |
| Bremen, Bahnhof Burg 4 | 7:11 | 8:26 | 12:41 | 14:56 | 17:06 | 18:06 | 19:26 | | | | 7:51 | 10:01 | 14:46 | 19:11 | 10:16 | 14:46 | 19:11 |
| Bremen, Goldbergerplatz | 7:18 | 8:33 | 12:48 | 15:03 | 17:13 | 18:13 | 19:33 | | | | 7:58 | 10:08 | 14:53 | 19:18 | 10:26 | 14:53 | 19:18 |
| Fahrradzeppelin, Farnstraße | 7:20 | 8:36 | 12:50 | 15:06 | 17:16 | 18:16 | 19:36 | | | | 8:00 | 10:10 | 14:55 | 19:20 | 10:26 | 14:55 | 19:20 |
| Fahrradzeppelin, Gamm-Waude | 7:21 | 8:38 | 12:51 | 15:08 | 17:18 | 18:18 | 19:38 | | | | 8:01 | 10:11 | 14:56 | 19:21 | 10:27 | 14:56 | 19:21 |
| Fahrradzeppelin, Farnstraße | 7:22 | 8:37 | 12:52 | 15:09 | 17:19 | 18:19 | 19:39 | | | | 8:02 | 10:12 | 14:57 | 19:22 | 10:28 | 14:57 | 19:22 |
| Fahrradzeppelin, Farnstraße | 7:23 | 8:39 | 12:53 | 15:10 | 17:19 | 18:19 | 19:40 | | | | 8:03 | 10:13 | 14:58 | 19:23 | 10:29 | 14:58 | 19:23 |
| Fahrradzeppelin, Farnstraße | 7:24 | 8:40 | 12:54 | 15:11 | 17:20 | 18:20 | 19:41 | | | | 8:04 | 10:14 | 14:59 | 19:24 | 10:30 | 14:59 | 19:24 |
| Fahrradzeppelin, Farnstraße | 7:25 | 8:41 | 12:55 | 15:12 | 17:20 | 18:20 | 19:42 | | | | 8:05 | 10:15 | 15:00 | 19:25 | 10:31 | 15:00 | 19:25 |
| Fahrradzeppelin, Farnstraße | 7:26 | 8:42 | 12:56 | 15:13 | 17:21 | 18:21 | 19:43 | | | | 8:06 | 10:16 | 15:01 | 19:26 | 10:32 | 15:01 | 19:26 |
| Fahrradzeppelin, Farnstraße | 7:27 | 8:43 | 12:57 | 15:14 | 17:21 | 18:21 | 19:44 | | | | 8:07 | 10:17 | 15:02 | 19:27 | 10:33 | 15:02 | 19:27 |
| Fahrradzeppelin, Farnstraße | 7:28 | 8:44 | 12:58 | 15:15 | 17:22 | 18:22 | 19:45 | | | | 8:08 | 10:18 | 15:03 | 19:28 | 10:34 | 15:03 | 19:28 |
| Fahrradzeppelin, Farnstraße | 7:29 | 8:45 | 12:59 | 15:16 | 17:22 | 18:22 | 19:46 | | | | 8:09 | 10:19 | 15:04 | 19:29 | 10:35 | 15:04 | 19:29 |
| Fahrradzeppelin, Farnstraße | 7:30 | 8:46 | 13:00 | 15:17 | 17:23 | 18:23 | 19:47 | | | | 8:10 | 10:20 | 15:05 | 19:30 | 10:36 | 15:05 | 19:30 |
| Fahrradzeppelin, Farnstraße | 7:31 | 8:47 | 13:01 | 15:18 | 17:23 | 18:23 | 19:48 | | | | 8:11 | 10:21 | 15:06 | 19:31 | 10:37 | 15:06 | 19:31 |
| Fahrradzeppelin, Farnstraße | 7:32 | 8:48 | 13:02 | 15:19 | 17:24 | 18:24 | 19:49 | | | | 8:12 | 10:22 | 15:07 | 19:32 | 10:38 | 15:07 | 19:32 |
| Fahrradzeppelin, Farnstraße | 7:33 | 8:49 | 13:03 | 15:20 | 17:24 | 18:24 | 19:50 | | | | 8:13 | 10:23 | 15:08 | 19:33 | 10:39 | 15:08 | 19:33 |
| Fahrradzeppelin, Farnstraße | 7:34 | 8:50 | 13:04 | 15:21 | 17:25 | 18:25 | 19:51 | | | | 8:14 | 10:24 | 15:09 | 19:34 | 10:40 | 15:09 | 19:34 |
| Fahrradzeppelin, Farnstraße | 7:35 | 8:51 | 13:05 | 15:22 | 17:25 | 18:25 | 19:52 | | | | 8:15 | 10:25 | 15:10 | 19:35 | 10:41 | 15:10 | 19:35 |
| Fahrradzeppelin, Farnstraße | 7:36 | 8:52 | 13:06 | 15:23 | 17:26 | 18:26 | 19:53 | | | | 8:16 | 10:26 | 15:11 | 19:36 | 10:42 | 15:11 | 19:36 |
| Fahrradzeppelin, Farnstraße | 7:37 | 8:53 | 13:07 | 15:24 | 17:26 | 18:26 | 19:54 | | | | 8:17 | 10:27 | 15:12 | 19:37 | 10:43 | 15:12 | 19:37 |
| Fahrradzeppelin, Farnstraße | 7:38 | 8:54 | 13:08 | 15:25 | 17:27 | 18:27 | 19:55 | | | | 8:18 | 10:28 | 15:13 | 19:38 | 10:44 | 15:13 | 19:38 |
| Fahrradzeppelin, Farnstraße | 7:39 | 8:55 | 13:09 | 15:26 | 17:27 | 18:27 | 19:56 | | | | 8:19 | 10:29 | 15:14 | 19:39 | 10:45 | 15:14 | 19:39 |
| Fahrradzeppelin, Farnstraße | 7:40 | 8:56 | 13:10 | 15:27 | 17:28 | 18:28 | 19:57 | | | | 8:20 | 10:30 | 15:15 | 19:40 | 10:46 | 15:15 | 19:40 |
| Fahrradzeppelin, Farnstraße | 7:41 | 8:57 | 13:11 | 15:28 | 17:28 | 18:28 | 19:58 | | | | 8:21 | 10:31 | 15:16 | 19:41 | 10:47 | 15:16 | 19:41 |
| Fahrradzeppelin, Farnstraße | 7:42 | 8:58 | 13:12 | 15:29 | 17:29 | 18:29 | 19:59 | | | | 8:22 | 10:32 | 15:17 | 19:42 | 10:48 | 15:17 | 19:42 |
| Fahrradzeppelin, Farnstraße | 7:43 | 8:59 | 13:13 | 15:30 | 17:29 | 18:29 | 20:00 | | | | 8:23 | 10:33 | 15:18 | 19:43 | 10:49 | 15:18 | 19:43 |
| Fahrradzeppelin, Farnstraße | 7:44 | 9:00 | 13:14 | 15:31 | 17:30 | 18:30 | 20:01 | | | | 8:24 | 10:34 | 15:19 | 19:44 | 10:50 | 15:19 | 19:44 |
| Fahrradzeppelin, Farnstraße | 7:45 | 9:01 | 13:15 | 15:32 | 17:30 | 18:30 | 20:02 | | | | 8:25 | 10:35 | 15:20 | 19:45 | 10:51 | 15:20 | 19:45 |

The schedule of the bus from Bremen to our venue and vice versa:
<https://www.vnn.de/fileadmin/user/pdf/fahrplaene/660.pdf>

THE VENUE



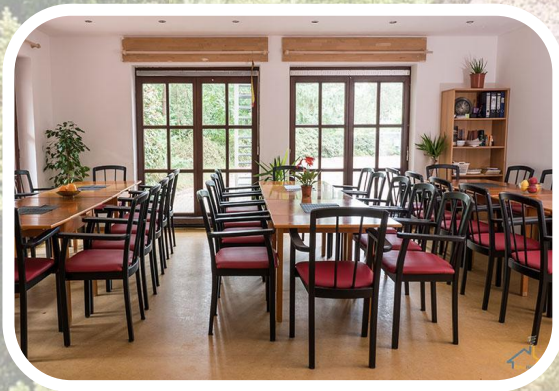
We will be accommodated in a youth center/group house in Osterholz-Scharmbeck, close to the city of Bremen, Germany.

The accommodation will be simple. Participants will be sharing rooms with 4-6 people from same gender but different nationalities. Some of the rooms are with private and some with shared bathrooms.

Some of the features of the house:

- It is almost in a middle of nowhere. Cafes, discos, restaurants and supermarkets are not that close.
- We will be the only group in the house. We will learn and have fun together, cook and eat together and share our culture and ideas. We'll make the rules together and respect the rules that we make.
- In the venue where we will stay, there is rule of inside shoes. This means that every participant should bring slippers or some shoes that you are going to use only inside the house.

THE VENUE



- You should bring your own towels to the exchange. Bedsheets will be provided by the venue where we will stay.
- There is washing machine available in the venue. It costs 2 euro for using the washing machine and 2 euros for using drying machine.
- We have hired our own cooking and logistics team, they will make sure that nice and healthy food will be done, including for the people with food preferences – vegetarians, no pork etc. Please note that we cannot provide HALAL or fruitarian food. If you have any concerns about your diet, please contact us.
- The address of our venue is: Hintern Horn 5, 27711 Garlstedt, Osterholz-Scharmbeck, Germany

You can find more information and photos about the venue here:

<https://kulturgruppenhaus.de/en/new-home-2/>
<https://www.facebook.com/KulturGruppenHaus/>



**For further questions
don't hesitate to
contact us.
Looking forward to
meeting you in April!**

Slobodan Djurovic
Project Manager

slobodan@naturkultur.eu

+38269760577
