



# EUROPEAN SOLIDARITY CORPS VOLUNTEERING

## What is the European Solidarity Corps?

Based on the principles of being an active citizen, the European Solidarity Corps (ESC) programme provides opportunities for young people (like you!) to contribute meaningfully to local communities around Europe.



ESC



2-12  
Months

## ESC Volunteering

If you are between 18-30 years old, you can easily go abroad to somewhere in Europe or beyond, and volunteer for 2-12 months thanks to the European Solidarity Corps programme.

## Topics

There are a great range of different volunteering placements available: from arts to media education, sports to environmental topics, from working with children to elderly people, the possibilities are uncountable – just take your pick!



## What do you need to pay for?

Nothing! The costs for travel, accommodation, food and pocket money are all covered by the ESC programme. Health insurance and language learning are also included and there is no participation fee.

## What's our role in all this?

- We are a sending organization and offer short or long-term volunteering opportunities to young people based in Germany with our partners in different countries across Europe and even beyond.
- This means that if you are based in Germany, you have found an ESC volunteering project you are interested in, or want help finding one, you can contact us, and we can send you on the volunteering experience of your dreams!
- We are also a coordinating and hosting organization, so we offer opportunities to young people from outside of Germany to spend their voluntary service in Bremen, Germany.