



Erasmus+

A



“Triple R for
the Environment”



About The Project

“Triple R for the Environment” is going to be a youth exchange organized in Osterholz-Scharmbeck in Germany which will include 42 young people and group leaders from 6 different countries: Italy, Turkey, North Macedonia, Romania, Lithuania and Germany.

Age of participants: 18–30 (group leaders 18+)

Country group size: 6 participants + 1 group leader (7 in total)

Place: Garlstedt, Osterholz-Scharmbeck, Germany

Venue: KulturHaus, a group house

Days of activity: 10 days (including traveling days)

Dates: 28th of September–07th of October 2021.

Info About the Project

On the last day of our exchanges, the participants had the task to make a groups according to their interest and work on writing Erasmus+ exchange on which they would love to participate or organize it. One of the groups decided to create a project about environmental protection and to focus on what young people can do to make the difference in their community and their life. They decided to organize the exchange in Germany with a support from NaturKultur team because Germany is a good example of country that puts a lot of effort in environment protection, waste separation and reforestation.

The main aim of the project is:

Raising awareness about environment protection and the role of the youth in it.

Objectives:

1

To teach young people from 6 countries about different concepts connected with the protection of environment, such as guerilla gardening, replanting trees and others

3

To share with 42 participants how waste management and sustainable consumption can help us produce less waste and how we can use resources in a better way, helping them share these results with their peers

2

To show good examples of environment protection and youth activism about e.p. from participating countries.

4

To give tools to youth from 6 different countries, empowering them to make the change in their local community.

Participant Profile



1. Between 18-30 (group leaders 18+)
2. Resident of one of the following countries: Lithuania, North Macedonia, Turkey, Italy, Romania, Germany
3. Interested in topics of environmental protection, gardening, sustainability and youth activism
4. Willingness to be a part of multi cultural group
5. Participants don't need to have good knowledge in English, but group leaders should be able to communicate in English
6. Previous experience in Erasmus+ is not required but participants should show initiative for learning new things and working with other young people
7. All partners should do their best to create gender balanced teams (4+3 including group leaders)

THE VENUE

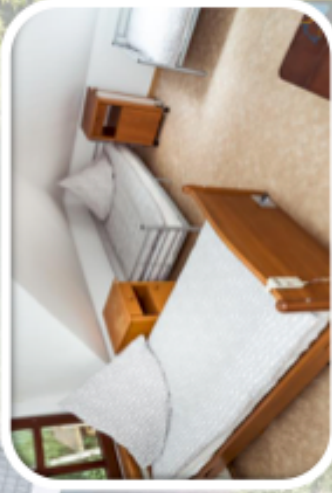
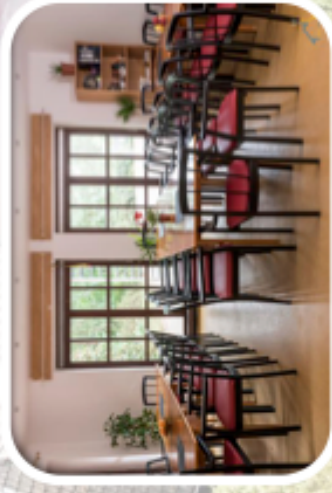
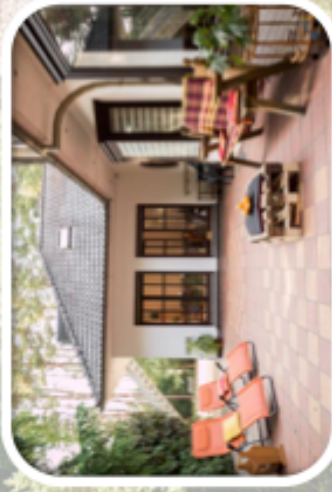
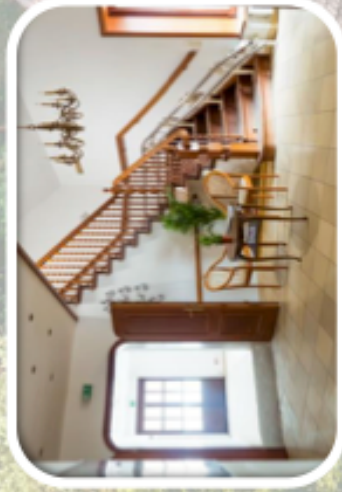
We will be accommodated in a youth center/group house in Osterholz- Scharmbeck, close to the city of Bremen, Germany.

The accommodation will be simple. Participants will be sharing rooms with 3-4 people from same gender but different nationalities. Some of the rooms are with private and some with shared bathrooms.

You can find more information and photos about the venue here:

<https://kulturgruppenhaus.de/en/new-home-2/>

<https://www.facebook.com/KulturGruppenHaus/>



Travel to/from Germany

Important info regarding travel to and from the exchange

1. It is not allowed to come to the venue of the exchange one day later or to leave one day before the designated dates. We can only reimburse tickets that are on 28.09.2021. and on/after 07.10.2021.
2. In order to reduce the chance of people getting sick during the trip, we are asking everyone to travel to Germany on 28.09.2021. If you wish to visit other cities in Germany, you can stay in Germany after the exchange up to 4 days
3. As an organization, we are trying to limit our carbon footprint. That is why in NaturKultur eV we made a policy to have hosting and sending participants who will only take direct flights and use other road or rail transport to reach their destination
4. Don't throw any ticket or boarding pass. You will need to send all of them after the mobility. If you lose any of the tickets or boarding passes, we won't be able to reimburse you for them.
5. On Erasmus+ projects, there is maximum amount that can be reimbursed for the travel of participants, according to the distance from your country to the city where the project is being organized. If your tickets cost more than that amount, you are responsible for covering the difference as Erasmus+ is co-financing program. Maximum travel costs per participant are 100 euro for participants from Germany, 360 euro for participants from Turkey and 275 euro for participants from other countries.
6. To know your exact travel costs, you need to check the distance calculator that you can find on this link: https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Here are the maximum travel costs for the projects in Erasmus+, according to the distance:

Amount
For travel between 10-99KM: 20 EUR per participant
For travel between 100-499KM: 180 EUR per participant
For travel between 500-1999KM: 275 EUR per participant
For travel between 2000-2999KM: 360 EUR per participant
For travel between 3000-3999KM: 530 EUR per participant
For travel between 4000-7999KM: 820 EUR per participant
For travel between 8000KM or more: 1500 EUR per participant



Insurance and other info

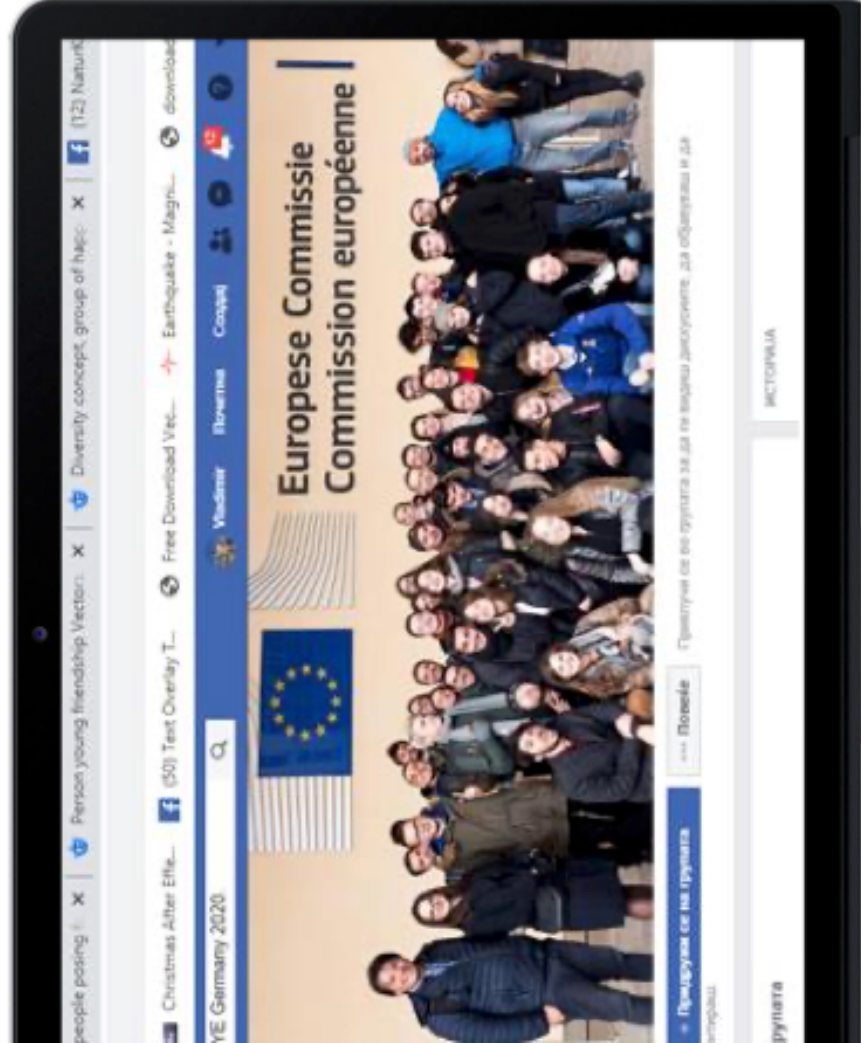
All participants from European Union countries need to bring their European Health Insurance Card (EHIC) with them. You can get it for free in your country and it is amazingly useful for you whenever you travel outside of your country. Participants coming from outside of the EU should acquire travel insurance. NaturKultur can cover your costs for insurance up to 15 euros so please take that in mind while purchasing insurance.



On our exchanges **alcohol is forbidden** (including cultural nights) cause we are trying to create an experience where young people can have fun without consuming alcohol or any type of drugs. Please apply only if you are ok with this and ready to spend 10 days without any consumption of alcohol.

We are also sending in the attachment Confirmation of Participation. Read this document and apply only if you agree to everything written in it. On the first day of the exchange, every participant will need to sign this document.

**For further questions
don't hesitate to
contact us.
See you soon!**



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