



Erasmus+

A



**“Sustainability
Through
Permaculture”**



About The Project

“Sustainability Through Permaculture” is going to be a youth exchange organized in Osterholz-Scharmbeck in Germany which will include 43 young people and group leaders from 7 different countries: Italy, Spain, North Macedonia, Romania, Lithuania, Turkey and Germany.

Age of participants: 18–30 (group leaders 18+)

Country group size: 5 participants + 1 group leader (6 in total)

Place: Garlstedt, Osterholz-Scharmbeck, Germany

Venue: KulturHaus, a group house

Days of activity: 10 days (including traveling days)

Dates: 16th–25th of August 2021.

Info About the Project

During the exchange in Germany in February 2020., a NaturKultur volunteer organized a cleaning action one afternoon, participants took several bags for trash and went for a walk, he showed them the forest near our venue and they collected the trash on the way. Also, during the open space, Spanish group leader offered a short workshop about permaculture, explaining what it is and showing his permaculture project that he is doing in Spain. On the last day of the exchange, participants had the task to make groups according to their interest and to work on writing an Erasmus+ exchange on which they would love to participate or organize it. One group decided to focus on the topics of environmental protection and using permaculture to ensure the sustainability and reduce the pollution of our planet. That is how the idea for this project was born.

Objectives:

1

To teach young people from 7 countries about the concept of permaculture and how it is connected with the sustainability

3

To give tools to youth from 7 different countries, empowering them to make the change in their local community.

2

To show how permaculture can be used for youth activism and making a change with the focus on environmental protection.

4

To create safe space where youth can learn from each other, try something new and share their culture and values with others.

Participant Profile



1. Between 18-30 (group leaders 18+)
2. Resident of one of the following countries: Turkey, Lithuania, North Macedonia, Spain, Italy, Romania, Germany
3. Interested in topics of art, environmental protection, permaculture, sustainability and youth activism
4. Willingness to be a part of multi cultural group
5. Participants don't need to have good knowledge in English, but group leaders should be able to communicate in English
6. Previous experience in Erasmus+ is not required but participants should show initiative for learning new things and working with other young people
7. All partners should do their best to create gender balanced teams (3+3 including group leaders)

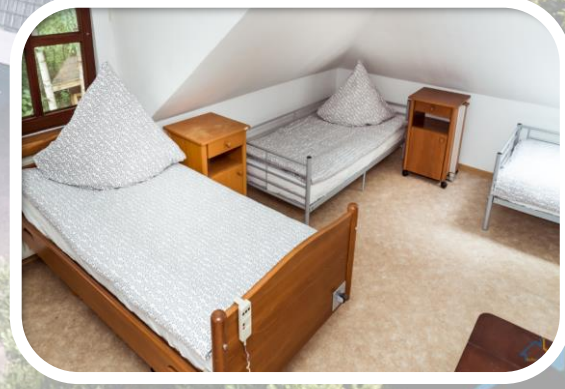
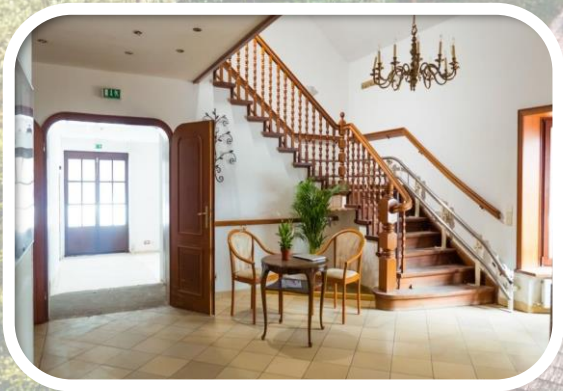
THE VENUE

We will be accommodated in a youth center/group house in Osterholz- Scharmbeck, close to the city of Bremen, Germany.

The accommodation will be simple. Participants will be sharing rooms with 3-4 people from same gender but different nationalities. Some of the rooms are with private and some with shared bathrooms.

You can find more information and photos about the venue here:

<https://kulturgruppenhaus.de/en/new-home-2/>
<https://www.facebook.com/KulturGruppenHaus/>

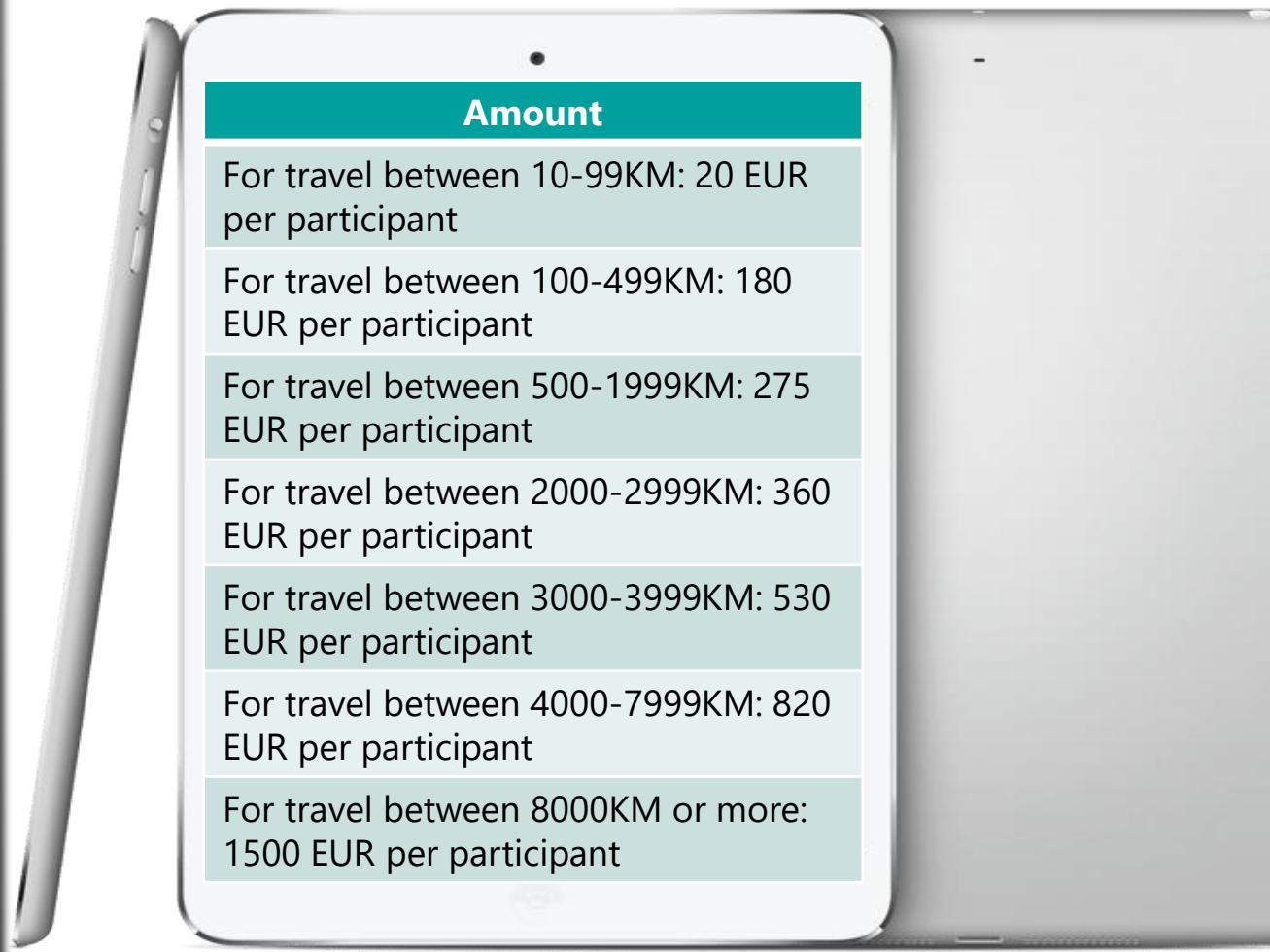


Travel to/from Germany

Important info regarding travel to and from the exchange

1. It is not allowed to come to the venue of the exchange one day later or to leave one day before the designated dates. We can only reimburse tickets that are on 16.08.2021. and on/after 25.08.2021.
2. In order to reduce the chance of people getting sick during the trip, we are asking everyone to travel to Germany on 16.08.2021. If you wish to visit other cities in Germany, you can stay in Germany after the exchange up to 4 days
3. As an organization, we are trying to limit our carbon footprint. That is why in NaturKultur eV we made a policy to have hosting and sending participants who will only take direct flights and use other road or rail transport to reach their destination
4. Don't throw any ticket or boarding pass. You will need to send all of them after the mobility. If you lose any of the tickets or boarding passes, we won't be able to reimburse you for them.
5. On Erasmus+ projects, there is maximum amount that can be reimbursed for the travel of participants, according to the distance from your country to the city where the project is being organized. If your tickets cost more than that amount, you are responsible for covering the difference as Erasmus+ is co-financing program. Maximum travel costs per participant are 360 euro for participants from Turkey, 80 euro for participants from Germany and 275 euro for participants from other countries.
6. To know your exact travel costs, you need to check the distance calculator that you can find on this link: https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Here are the maximum travel costs for the projects in Erasmus+, according to the distance:



Amount
For travel between 10-99KM: 20 EUR per participant
For travel between 100-499KM: 180 EUR per participant
For travel between 500-1999KM: 275 EUR per participant
For travel between 2000-2999KM: 360 EUR per participant
For travel between 3000-3999KM: 530 EUR per participant
For travel between 4000-7999KM: 820 EUR per participant
For travel between 8000KM or more: 1500 EUR per participant

COVID-19 Q&A

We are aware that there might be a lot of questions from your side regarding the travel to Germany and safety during the youth exchange. Here we will try to answer to some most common questions and give you additional info.

1. What is EU digital certificate and will vaccine going to be obligatory for travel starting from 1st of July?

- EU digital certificate or COVID passport is going to be in use in European Union starting from 1st of July. It is created in order to make travel inside EU easier during the pandemic. You will be able to get it for free if you have been vaccinated against COVID-19, if you have recovered from COVID-19 or if you have received negative test result. You won't have to be vaccinated in order to travel from 1st of July, tests will still be accepted. For more info about COVID passport, check: https://ec.europa.eu/info/live-work-travel-eu/coronavirus-response/safe-covid-19-vaccines-europeans/eu-digital-covid-certificate_en

2. Will the costs of the PCR test be covered by the project?

- You can use what is left from your travel budget to cover the costs of the PCR test. This means that if your travel budget is 275 euro and you can organize the trip for 150 euro, the rest of the money can be used to cover the costs of the test. We can help you find cheaper travel options so feel free to contact us if you need help.

3. Will I need to go to self-isolation after coming to Germany?

- At the moment it is still necessary to self-isolate after entering Germany. From the information that we received, this should change in the next few weeks. We will keep you updated and make the final decision about the exchange in the beginning of July. If self-isolation will still be necessary, we might postpone the exchange. Otherwise, the exchange will happen as planned and we will give you green light to buy the tickets. Please don't buy the tickets before we tell you that you can do that.

4. What are other restrictions that we will need to follow in Germany?

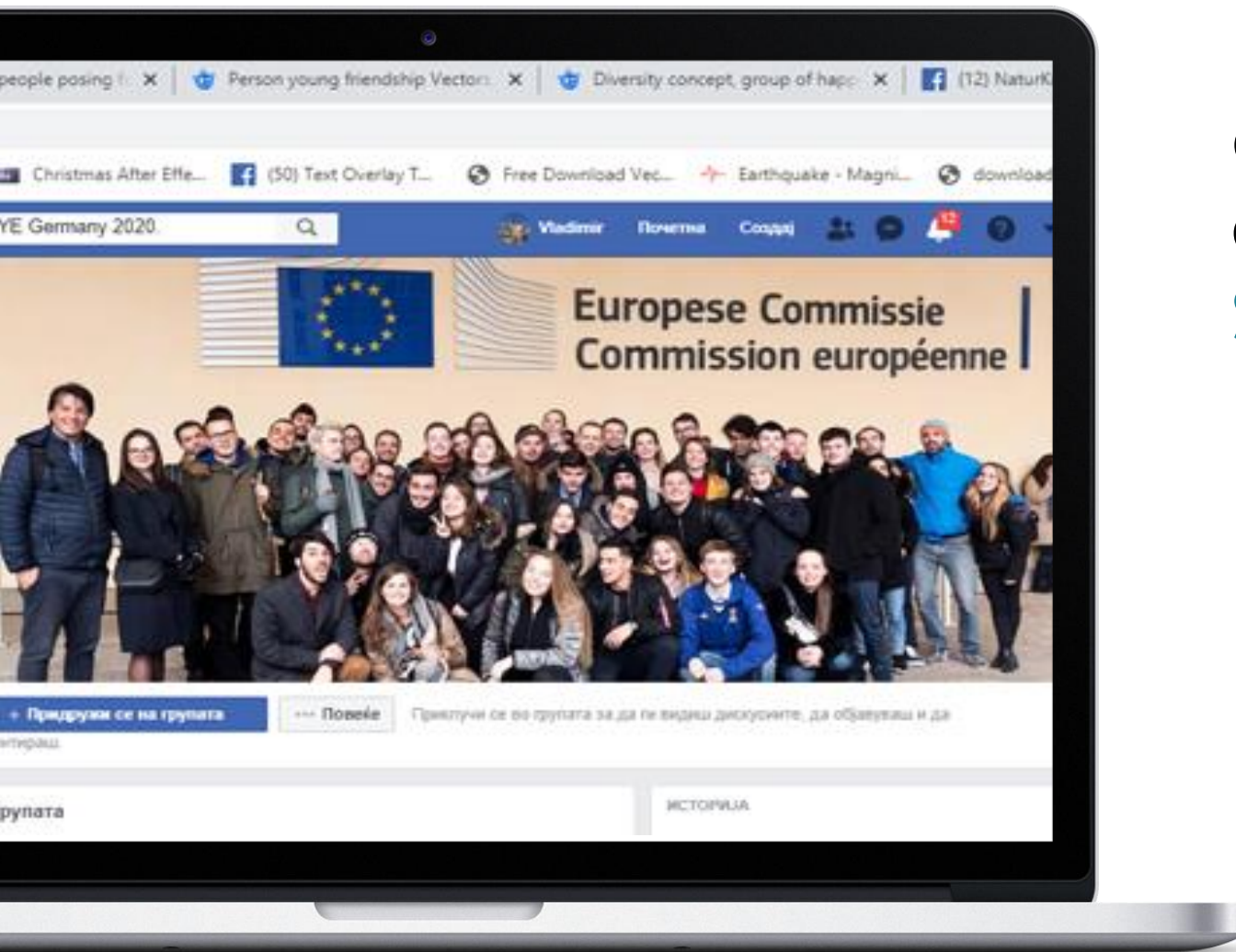
- We will share this info in the second info pack that we will prepare in July according to the newest information that we will have.

Insurance and other info

All participants from European Union countries need to bring their European Health Insurance Card (EHIC) with them. You can get it for free in your country and it is amazingly useful for you whenever you travel outside of your country. Participants coming from outside of the EU should acquire travel insurance. NaturKultur can cover your costs for insurance up to 15 euros so please take that in mind while purchasing insurance.

On our exchanges **alcohol is forbidden** (including cultural nights) cause we are trying to create an experience where young people can have fun without consuming alcohol or any type of drugs. Please apply only if you are ok with this and ready to spend 10 days without any consumption of alcohol.

We are also sending in the attachment Confirmation of Participation. Read this document and apply only if you agree to everything written in it. On the first day of the exchange, every participant will need to sign this document.



For further questions
don't hesitate to
contact us.
See you soon!

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